UGI / Esophagram Preparation
The preparation for this examination is to have nothing to eat or drink after midnight or eight hours before the exam. This includes no gum chewing or smoking. This examination takes about 30 minutes.

Small Bowel Series
The preparation for this exam is to have nothing to eat or drink after midnight or eight hours before your examination. This includes no gum chewing or smoking.

Lower GI Tract / Barium Enema
The preparation this exam is the day before the procedure, you will likely be asked not to eat, and to drink only clear liquids (juice with no pulp, tea, black coffee, cola, or broth). After midnight you should have nothing to eat or drink. You may also be instructed to take a bowel preparation kit the day before the procedure. Oral medication may be taken with small amounts of water. This test takes approximately 45 minutes to one hour.

Voiding Cystourethrogram (VCUG)
This exam usually takes about 45 minutes. There is no preparation for this exam.

Hysterosalpingogram (HSG)
This test should be performed 10 days from the onset of your menses. This examination is completed in approximately 30 minutes. There is no preparation for this exam.